

Twenty questions - a quick quiz for parents

Find a pen and circle your answer to each question

- Yes • No Do you collect anything?
e.g. vintage linen, owls, crystals, Barbie dolls, art-deco furniture...
- Yes • No Do you come home from the beach with shells and other treasures?
- Yes • No When you arrange your treasures and trinkets, do you arrange them into little groups so that they look 'just right'?
- Yes • No Do you have to rearrange your furniture and/or treasures every so often?
- Yes • No Do you have your own way of hanging out the washing?
- Yes • No Have you ever re-pegged the washing when someone else pegged it out differently from you?
- Yes • No Do you like sorting things into wee boxes, jars, containers, everything in its proper place?
- Yes • No When you are at the beach, river or lake, do you throw stones into the water, or sticks off the bridge?
- Yes • No At the beach or the creek, do you like to pile the stones one on top of the other, seeing how many you can balance before they topple?
- Yes • No Would you enjoy chilling out in any of the following -
a hammock, a tree hut, a tent, a caravan, a camper van, a motor-home?
- Yes • No When you are feeling 'out of sorts' and climb into bed do you like the blankets up around your head like a cocoon?
- Yes • No When you doodle, do you do circles, spirals and koru patterns?
- Yes • No When you are passing a lamp post, do you ever swing around it, or want to swing around it?
- Yes • No When you throw the 'helicopter' winged seeds of the sycamore tree in the air, are you fascinated watching them spiral down?
- Yes • No Aside from pelvic floor muscle considerations, do you enjoy playing on the trampoline?
- Yes • No When you look at clouds, do you see 'pictures' in them?
- Yes • No When you look at driftwood do you see 'animals, gnomes, people, castles...' in the shapes of the wood?
- Yes • No When you go out for dinner, do you prefer a secluded table?
- Yes • No When you sit in front of a burning candle, do you just *have* to play with the wax?
- Yes • No When you get a lump of blutac do you enjoy playing with it, moulding it?

Yes score

How did you go and what does it mean?

Add up your 'yes' score. Some people score twenty 'yesses' but if you didn't, relax, you are still normal. This quiz isn't about normal, it is about seeing which play patterns are alive and well within you, and still expressing themselves freely.